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## NUTRITION & NATURAL THERAPIES - POLICIES

**CALL 410-334-6961 ext. 1006 (24 hrs.) TO MAKE APPOINTMENT**

Thank you for your interest in pursuing optimal health. The information, policies, and procedures listed below will assist you in this effort.

**Hours:** By appointment. Office hours by appointment can be at anytime agreed upon, including early morning and evening hours if needed. Normal office hours are by appointment throughout the week. Please contact Brian Jones, Naturopath at 610-587-4198 (cell) 24 hrs/day for information.

**Phone and Email Consultations, On-site visits:** Consultations, including education, program and products are conducted at offices, or via phone and email as well as on-your-site visits. Consults are also available throughout the U.S. via phone, internet. Contact ESPS for “Education Packet” forms and information to be completed prior to consult or please go to [espsmd.com](http://espsmd.com).

**Services and Fees:**

The following services are available:

Services	Cost
Initial Visit	\$145.00
Ongoing Consult (per hr) Visit	\$95.00
Nutraceuticals (supplements)	To be reviewed at visit
Optimal Health Plans: 3 appointments or more with a 5% discount if paid in full.	Average savings between \$30.00 and \$100.00.
Neurofeedback (5 session blocks)	10% discount for paying in 5 session blocks
Minimum 2-3 sessions for effects to begin to take place, increased retention after 10 sessions	

**Payments:** Cash, Personal Check, or credit cards (VISA, MC, accepted). There are no refunds or exchanges on products sold.

**Appointments:** Your time is valuable as is the time of ESPS Total Wellness. If you are unable to keep an appointment; please call in advance, otherwise your account will be

charged. To schedule an appointment or ask general questions please contact 410-334-6961 ext. 1006.